



Program Highlights and Tours 2010

****Activities in bold require advance sign-up****
****Cancellation for Sunday activities must be received by 9pm Saturday****
****Cancellations for all other days must be received by noon the day before the activity****

SATURDAY

Activity sign-up changes or additions: In the courtyard. You should have already signed up for the activities in which you wish to participate. However, you will have a chance to make final changes on Saturday when you arrive. Please see our hospitality coordinator in the courtyard to make any changes. **Many activity sign-ups become final by Sunday.**

New Vacationer Tour: Meet in plaza in front of San Rafael Towers.

Questions: Prior to our Welcome show, parents can meet our supervisors to discuss questions/concerns on the FVC Lawn.

Welcome Show: At 7:00pm, we'll introduce the entire staff with a short show. After the show, we'll excuse the kids to meet their counselors, while Sandi Worley, FVC Director, and Megan Souleles, FVC Assistant Director, will take a short time to review the week's programs and answer your questions.

SUNDAY

Morning Run: Join other vacationers on an introductory run to UCSB's many beautiful running areas. It is 4.5 miles long and features a beautiful run out to the end of the Goleta pier before heading back to campus.

Round Robin Tennis: Meet at the tennis courts for information about our tennis program and to learn more about lessons. There will be a short round-robin (no tournament) to get to know other players.

Santa Barbara Walk: Join Judy Keim on an insightful tour of Goleta or Santa Barbara. The walk is approximately 1.5 miles, easy for most adults.

Kayaking: Ocean Kayaking is an ideal way to recreate in Santa Barbara! Our waters are rich in marine and bird life, so be ready for some fantastic sightings. Our tour is designed to give you the chance to enjoy the sport of ocean kayaking on a single or double sit on top kayak with our skilled guides. Take a few hours out of your morning to capitalize on our gorgeous coastline and sunny environment. Limited space available. Ages 7-11 with an adult. \$45pp

Turbo Kickboxing: Join our very own staffer Lauren Schwartz for this exciting new activity. \$10 pp

Surfing Lessons: Why not take advantage of our spectacular setting on the beach and learn how to surf! Check with our surfing instructors for private lessons if you have younger ones that would like to participate. We have a number of spring suits that are available for you, but recommend you bring your own wetsuit if you have one! 12 years and older only. \$35pp



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Digital Photography Workshop Part I: Tired of taking the same old photos? Maybe you just purchased a new digital camera and are looking for some tips on how to use it. Join Pierce, our very own digital photography master for a short introduction to digital photography.

Family BBQ: BBQ on the FVC Lawn. Vegetarian and kid friendly food included!

Family Carnival: Immediately following lunch we begin our rousing Family Carnival with games and competition for the whole family. Stay on the FVC lawn for this "can't miss" event!

Talent Show Sign Up: Sign up for the Monday night talent show after the family carnival on the lawn. You must sign up on Sunday to be in the show on Monday.

Surfing Lessons: *See previous description. Ages 8-11*

Adult Volleyball: Meet us at the Volleyball court on the FVC lawn for a great game.

Kids Group : Kids meet their counselors at their Kids Group rooms for dinner together followed by bowling or an activity! The 3 year old group and Pre-K group should wear their favorite Pajama's for their very own Pajama Party in the TV Lounge!

High School Campout: The teens leave in the late afternoon on Sunday for their big overnight camping trip. Please bring sleeping bags.

Welcome Mixer and Adult Dinner: Your kids won't be the only ones having fun this evening! Join our crew for a welcome cocktail party hosted by the FVC, followed by a dinner with hosted wine at UCSB's unique Faculty Club. There is limited seating so if you want to bring non-FVC guests, their cost is \$25 pp and they must sign up a week in advance.

Vegas Night: Following dinner is our exciting 'Vegas Night' at the Faculty Club. This year casino night will be combined with the famous adult dance night to create 'Vegas Night.' We hope this evening will get your week off to a great start and help you to quickly feel like part of the FVC family.

MONDAY

Wine Country Tour: Internationally respected wine guru Robert Parker has declared that within the next decade, Santa Barbara's Wine Country will "rule America." It's that good. It's also still largely undiscovered, although its starring role in 2004 Oscar®-winning film *Sideways* changed that somewhat. Our popular wine country tour takes us to the Santa Ynez Valley, famous for its beautiful scenery and exquisite wines. \$50 pp.

Kayaking: *See previous description.*

Hike: This hike promises to be a highlight of the week! Sack lunch is provided. Please bring a hat to wear because it will be warm. Don't forget extra water. Approximately 5 miles long, hilly and suited for intermediate hikers. Beautiful views of Santa Barbara.



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Kids Groups Special Excursion: The adults won't be the only ones having fun! The K through 3rd grade groups will be heading to the Santa Barbara Zoo for an action-packed day. The older groups (4th – Junior High) have an exciting day themselves bowling at Zodo's Bowling and Beyond!

Surfing Lessons: See previous description.

Dance class: Calling all aspiring young dancers! Join us on the FVC Lawn for an introduction to some great dance steps. Next stop: Talent Search, and a big performance in the Family Talent Show! 3:45-4:15pm ages 4-7 4:15-4:45pm ages 8-12

Talent Show: One of our favorite activities – where you as a family or individual get a chance to share your talents. It's a good opportunity to polish up those rusty instruments, wacky skits and have some family fun. Limit one act per family (depending on the number of acts). Must sign up on Sunday afternoon to be in the show.

Adult Rock Wall: Come challenge both your mind and body at the same time at the state of the art UCSB Rock Wall. Here we will outfit you with a harness and before you know it you'll be climbing like a pro. This is no kiddy wall, with numerous lines available for all experience levels, this is an event not to be missed.

Adult Late Night Crafts: Don't feel like scaling a vertical wall after dinner? How about wine, cheese and some crafts time then? Adults only, please.

TUESDAY

Golf Tournament: Enjoy one of the nations premier golf courses (rated by Golf Digest in the top 25 public golf courses in the nation) and meet fellow FVC golfers in the process! We will be teeing off from the beautiful Sandpiper Golf Course. Your round of golf, cart and lunch are provided. Be sure to stay for the Post-Tournament Awards held during lunch! In order to reserve your spot, please fill out the attached Golf Reservation form and fax or mail it to us. Reservations MUST be made in advance. Price is \$140pp.

Yoga: Join Niav Connors, for an invigorating start to your day. The class is for all levels and blends a variety of Hatha styles (emphasizes specific postures in combination with controlled breathing) to create a comprehensive, well-balanced Yoga practice. \$10 pp

Mountain Bike Ride: We will head past Sands Beach, into the Ellwood open space and onto the edge of Sandpiper Golf Course. You don't want to miss the beautiful views of the coast. The ride will consist of a mixture of road and dirt and is approximately 8 miles.

Massage 101: Join our trained masseuses in the Loma Pelona building and take part in "massage 101." \$5

Campus Tour: Did you know that Storke Tower is the largest steel structure in the tri-county area, it is 175 feet tall and holds 61 bells? Did you know that Campbell hall is the largest auditorium on campus with 860 seats? If you would like to learn more about the UCSB campus, join and FVC staffer in this exclusive campus tour.



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Digital Photography Workshop Part II: Join Pierce, our digital photography guru for the second part of our digital photography class. If you weren't able to make the first workshop, you can still join us for the second class.

Surfing Lessons: *See previous description.*

UCSB Lab Tour or Faculty Lecture: Details to come.

Adult Intertube Water Polo Game: Head out to the FVC pool for what has become an FVC Tradition. Take on fellow vacationers in a spirited game of Intertube Water Polo. Ages 18 and older only.

Golf Lesson: Looking to spruce up your golf game? Join us over at Sandpiper Golf Course for a lesson that will be sure to take at least 5 shots off your next round. Golf instruction will cover all aspects of the game of golf (full swing, short game, putting, sand play, etiquette, rules, course management, etc.) and will be tailored to your individual needs. \$45 pp.

Basketball: Meet us in the plaza to head over to the basketball courts for a good game.

Kids Night Out: A longtime FVC tradition, Kid's Night Out takes place Tuesday evening, providing kids of all ages, an opportunity to "just be kids!" Small World will be open for the little ones and the 3 year olds will meet their kids' group counselor in their room. Pre-K-4th graders will meet out on the FVC Lawn while the 5th grade-Junior High kids meet in the lounge for a fun party! Please make sure that you send a jacket with your children for KNO.

Adult Night on the Town: We'll provide free shuttles for you to enjoy a night on the town in beautiful Santa Barbara. There will be multiple drop off and pick-up locations to suit your needs.

FVC Pub Trivia Night: Join us at the new Loma Pelona building for "FVC Pub Trivia Night". Come show off your inner Alex Trebek and challenge our staffers in a rousing tournament that will surely get you thinking. Get a babysitter, tuck those kids in and come kick up your heels. We'll supply snacks, soft drinks, beer and wine.

WEDNESDAY (FAMILY DAY)

On Wednesday, we encourage you to have a wonderful time as a family. It is a great opportunity during the week to see beautiful Santa Barbara.

There are many wonderful family activities in Santa Barbara:

- The Beach
- Golf courses
- Museum of Natural History (including the new Sea Center on Stearn's Wharf)
- The Mission
- The Botanic Gardens
- Horseback riding
- Tournaments
- Bike riding
- Trips to the Channel Islands
- A movie matinee
- UCSB Recreation Center and Pools



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Family Activity: Come join the FVC staff on the lawn for a fun time.

The Craft Room: Open from 10:00-11:30, 1:30-4:30 and 6:00-8:30pm. We encourage you to spend your time as a family, and enjoy Santa Barbara!

Surfing Lessons: *See previous description. Ages 12 and up and Ages 8-11.*

Family Soccer: Come on out to the FVC lawn for a great soccer match with the whole family.

Family Bingo: Family Bingo is back!!!! This is an event for the whole family. Join us in Carrillo dining commons for an action packed bingo game. Be sure to come in your disco gear as this is no ordinary bingo game, but is Disco bingo.

FVCBYOWTP (Family Vacation Center Bring-Your-Own-Wine-Tasting-Party): **Adults only (21+).** Get ready to share your favorite wine with other vacationers in this informal and wildly fun event. All you have to do is... sign up, bring a bottle of your favorite wine covered by an authentic brown paper bag. The wine could hail from your hometown or simply be your favorite wine. Each guest pours their own wine while the tasters will try to guess what it is. A favorite wine will be selected at the end.

THURSDAY (BEACH DAY)

Lotusland Tour: Come experience the 37-acre estate and botanic garden. The gardens now covering the estate were created by Madame Ganna Walska, who owned the property from 1941 until her death in 1984. Before her death, Madame Walska established the nonprofit Ganna Walska Lotusland Foundation, which now preserves this unrivaled botanical treasure. \$30 pp.

Kayaking: *See previous description.*

Santa Barbara Bike Ride: This very popular, 27-mile bike ride, winds through beautiful Hope Ranch and to Shoreline Park. You will see beautiful views of the ocean before heading to State Street in downtown Santa Barbara. We mix in a few "character building" hills to keep everyone honest. You will need a sturdy bike to make it downtown and back. **FVC bikes are not allowed for this ride.**

Yoga: *See previous description.*

Beach BBQ at Goleta Beach: Enjoy a picnic lunch at Goleta Beach. We've reserved the center lawn and picnic tables for our whole group. People on the SB Bike trip will end at the beach and join us for lunch. You can ride a bike, walk (25 min.) with a staff member or take your car. The kids groups will meet us there. All 3 year olds and Pre-K will shuttle over with their car seats in a van. Middle school and 4th -6th grades will ride their bikes to the beach and back. If you plan to eat lunch with your child, remember to sign your child out with their counselor and then sign them back in when they return to their group.

Surfing Lessons: *See previous description.*

Water Show and Races: An annual tradition is our water show and races on Thursday afternoon at the pool. Wear your bathing suits, as there are relay races for every age. As a big finale the staff always performs a fun water show. This is a must-see for the entire family!



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Family Photos: Meet staff on the beach before campfire to take your family picture. Many families use this fantastic photo opportunity to use as their Holiday card! The light at this time of night provides an incredible background for memorable family photos. Be sure to come early and bring your camera.

Campfire: There isn't a better way to spend your second to last evening than enjoying the sunset at the beach. Bring your beach towels, portable chairs, flashlights and jackets. We meet on the beach right behind Manzanita Village. Roast marshmallows (s'mores anyone?) and enjoy a sing along with staff.

Adult Karaoke: Join other adults in Loma Pelona for some crazy karaoke action. We will provide the wine and beer... you provide the vocals!

FRIDAY

Nature Walk: Once again, join Judy Keim for an amazing tour. Wear comfortable (closed) walking shoes, sun screen and bring water and binoculars. Suitable for most adults.

Surfing Lessons: See *previous description*.

Tennis Olympics: Join other Tennis aficionados for games and prizes. The Tennis Olympics are the ultimate finish to a great week of tennis!

Kids Group Show: Children perform skits and songs in the Kids' Group show. It's often silly or sentimental and rarely professional, but who cares...it's your children and they're just so cute! Don't miss it.

Staff vs. Vacationer Softball Game: Rumor has it that the staff has never lost a game! Meet in the Plaza to shuttle over to the Softball Stadium or ride your bike over!

Pinewood Derby Race: Join other Pinewood Derby racers for a spirited battle on the FVC Track.

Farewell Dinner at Carrillo: Our final dinner together, so come on over to Carrillo for a great dinner with some of the characters from the Farewell Show.

Ice Cream Social: To relax after dinner and before the show, meet in the Plaza for a delicious delight- ICE CREAM SUNDAES!

Farewell Show and Awards: The grand finale of the week is the "Farewell Show." Awards are given to our tournament winners and the staff shows off their talents and charm. We close with a slide show of the week's activities and memories. It's a wonderful end to a superb week.